

Row n' Mine Tour

Friday, Oct. 1 to Sunday, Oct. 3, 2010

Highlights: *This tour, inspired by the Row 'n Wine tour, combines fitness, fun, and cultural features. You will row beside beautiful fall foliage on the rivers, lakes, and bays of the Kamawaska waterway in the Madawaska Highlands. You will see remnants of a ghost town and the associated mine. You will visit the fascinating local museum and artistic studios on the occasion of the 19th Annual Madawaska Valley Studio Tour.*

Tentative Itinerary

Fri. Oct. 1

Evening of Friday, October 1 -- arrival at waterfront cottages, Ohio Rd, Combermere
8 PM -- get-together and munchies

Sat. Oct. 2

8 AM – depart by car for Barry's Bay
8:30 AM – unload boats and rig at Barry's Bay beach
9 AM – row on the Bay, pass Ski Island, through the Narrows, skirt Mayflower Island in Kamanisseg Lake, enter the Madawaska River (15 km)
12:30 PM – lunch at the cottages
1:30 PM – depart by boat (or road) for Mayflower Beach in Combermere
2 PM – tour of the Mission House Museum; see the Mayflower wreck video, and learn about the history of the Craigmont Mine
3:30 PM – visit Craigmont Mine, at one time the world's largest corundum mine
6:30 PM – Dinner
8 PM – Campfire

Sun. Oct. 3

8:30 AM – row on Blackfish Bay
9:30 AM – derig and load boats
11 AM – visit Holy Icon Studio and see beautiful painted icons
11:30 AM – visit Whiteduck Pottery where Jamie & Linda Turnbull create hand-thrown ware for everyday use as well as one-of-a-kind pieces.
12:30 – lunch at the 528 Ohio Road
2 PM – visit Aquarose where Dave & Renee Paterson polish minerals and manipulate metal to create beautiful art pieces and jewellery
2:45 PM – visit the gift shop at the world famous Madonna House
3:30 PM -- depart

Degree of difficulty of tour: moderate

Price and inclusions: \$160 for 2 nights' accommodation, 2 lunches, 1 dinner, seat charges, and boat transport. Bring your own breakfast – a basic kitchen is in every cottage; before Sept. 11, the early bird special price is \$150.

Accommodation: 3 -- 3 bedroom Cedar Sands cottages

To bring: rowing gear, swimming costume, breakfast, snacks, water, byod, wellingtons or rubber boots and torch (flashlight); the last two items are needed to enter the mine shaft

Eligibility: For insurance and equipment reasons, all participants ***must*** be members of a member club of the new Ontario Adventure Rowing Association (OAR Touring) or an individual member of the same Association (\$75).

Capacity: 20 tourers

Directions to meeting point: Ohio Road is east of Combermere. Combermere is on Highway 62, between Bancroft and Barry's Bay. Combermere is 1 3/4 hours from Belleville and Peterborough, 2 1/2 hours from Ottawa and Orillia, and 3 1/4 hours from Toronto.

Contact information: vincric@rogers.com

Entry Form
Row 'n Mine Tour
(please *PRINT LETTERS*)

Name:

Club and Country:

Address:	Tel :
	Fax :
	e-mail:

Previous participation (e.g., Ontario, Fisa tour)

The participant agrees with his signature to the following :

- a) Candidates shall possess good knowledge and ability of rowing techniques
 - b) Candidates shall be in good health and have the physical condition necessary for rowing the distances proposed, and shall be able to handle dangerous situations on their own and not depend on help from others
 - c) Candidates shall be capable of swimming a distance of at least 300 metres.
 - d) Candidates shall carry with them a Transport Canada approved personal flotation device
 - e) Rowing involves potential risk. I agree to indemnify and save harmless the organizers from and against all claims, damages, loss, cost, and expenses.
 - f) Each participant shall be responsible for his/her own medical and personal insurance arrangement
- It is recommended that candidates shall become familiar with the Touring Manual found on the Rowing Canada website.

Participant signature/signature du participant(e):

Eligibility:

Is your club a member of Ontario Adventure Rowing Association (OAR Touring)? Yes No

If not, are you a member of Ontario Adventure Rowing Association (OAR Touring)? Yes No

If you answered no to both questions, please either:

- i) enclose a trial guest fee of \$25 per tour or
- ii) join the Association for \$75 (www.adventurerowing.ca).

Please *mail this form* duly filled in *and a cheque* not later than September 22 to **Richard Vincent** at:

Richard Vincent
275 Churchill St,
Ottawa, ON
K1Z 5B7