



## BLACK FLY TOUR-VIII

JUNE 4, 5, 6/2010

(blackfly - small blackish stout-bodied biting fly having aquatic larvae;  
sucks the blood of birds as well as humans and other mammals)

### Dear Fellow Touring Enthusiasts:

Please join us for the Eight Annual Black Fly Tour. This is second year at West Arm Lodge, in St. Charles. We had a wonderful time there last year and the rowing is excellent. Not only is this area very beautiful, but the location is ideal, allowing us to row in a number of directions. As before, we will stay for the two nights. There are a number of cabins, each with its own washroom facilities.

Please check the website-[www.thewestarm lodge.com](http://www.thewestarm lodge.com). There are a number of cabins, each with its own washroom facilities.

All meals will be provided, so you don't need to bring any food except for munchies for Friday and Saturday evening in your cabin, if you wish. The dining room is licensed and so everything that we drink in there must be purchased from their bar. However, if you wish, bring your own liquid refreshments for your cabin.

There will be a safety boat and a party barge with us at all times. Mitch Speigel will be in the former, and once again, Karen and Murray Wickett will be accompanying us in their party boat. They will be hosting non-rowers.

### DETAILS:

#### Friday, June 4/2010

Meet and greet—Dinner at 7 p.m.

#### Saturday, June 5/2010

We will meet and rig the boats at 7 a.m. Breakfast will be at 8 a.m. Last year, we rowed about 30 km on Saturday. Lunch will be a picnic.

Dinner will be at the Lodge.

#### Sunday, June 6/2010

After an 8 A.M. breakfast, we will row about 20 Km. When we come back, we will derig and load the boats, have lunch and be ready to depart by 2 at the latest.

**Cost** for the weekend is \$325.00; a \$100.00 deposit is required.

Contact Donna directly, at: [dhspeigel@koramgt.com](mailto:dhspeigel@koramgt.com) to register and send in the entry form on the next page. Donna's phone number is 705-674-8554.

## Entry Form

### Black Fly Tour

(please PRINT LETTERS)

Name:

Club and Country:

Address:

Tel :

Fax :

e-mail:

Previous participation (e.g., Ontario, FISA, or international tour)

The participant agrees with his signature to the following :

- a) Candidates shall possess good knowledge and ability of rowing techniques
- b) Candidates shall be in good health and have the physical condition necessary for rowing the distances proposed, and shall be able to handle dangerous situations on their own and not depend on help from others
- c) Candidates shall be capable of swimming a distance of at least 300 metres.
- d) Candidates shall carry with them a Transport Canada approved personal flotation device
- e) Rowing involves potential risk. I agree to indemnify and save harmless the organizers from and against all claims, damages, loss, cost, and expenses.
- f) Each participant shall be responsible for his/her own medical and personal insurance arrangement

It is recommended that candidates become familiar with the Touring Manual found on the Rowing Canada website and recognize that rigging, derigging, and moving boats and equipment are part of your responsibilities.

Participant signature/signature du participant(e):

Eligibility:

Is your club a member of Ontario Adventure Rowing Association (OAR Touring)? Yes  No

If not, are you a member of Ontario Adventure Rowing Association (OAR Touring)? Yes  No

If you answered no to both questions, please either:

- i) enclose a trial guest fee of \$25 per tour or
- ii) join the Association for \$75 ([www.adventurerowing.ca](http://www.adventurerowing.ca)).

Please mail this form filled in and a cheque for \$325 (or \$100 deposit) payable to 'Donna Speigel' to:

Donna Speigel  
1374 Arlington Blvd.,  
Sudbury, ON

P3E 6H8