

BANANA BELT TOUR-II
SUNDAY, MAY 2, 2010,
Welland Recreational Canal

Please join us for the second Banana Belt Tour. This is an excellent early season tour on the Welland Recreational Canal at Welland, Ontario. The tour begins at the **new Welland International Flat Water Centre** and proceeds through the old industrial heart of Welland with its many bridges before traversing parkland. The Canal is banana shaped and situated in Canada's banana belt, so if you are lucky you may see a banana tree!

DETAILS:

Date: Sunday, May 2, 2010 at 10 am

Starting point: Welland International Flatwater Centre, Welland, ON

Directions: QEW ... to Hwy 406 (Welland/Port Colborne) ... to Woodlawn Rd E (*past a Walmart-Canadian Tire-Rona*) ... left at Niagara Street ... 2nd left onto Thorold Rd E, to the end (and the canal). See map last page.

Cost: \$40 includes boat rental, gasoline for boat transport, and a snack.

Entry deadline: April 25, 2010

Level of difficulty: easy, perfect for the first row of the season

Contact: Shannon Hingston at gone.paddling@hotmail.com or Ernst Peters at ErnstPeters@Compuserve.com.

To register: Please mail the **completed form** (next page) along with your cheque for \$40 (*plus OARA fees if applicable*) made payable to **Shannon Hingston** (please indicate Rowing Tour on cheque and envelope) to:

ATTN: Rowing Tour
c/o Shannon Hingston
5079 King St.,
Beamsville, ON
LOR 1B8

Entry Form
Banana Belt Tour

(please *PRINT*)

Name:

Club and Country:

Address:

Tel :

Fax :

e-mail:

Previous participation (e.g., Ontario, FISA, or international tour)

The participant agrees with his signature to the following :

- a) Candidates shall possess good knowledge and ability of rowing techniques
- b) Candidates shall be in good health and have the physical condition necessary for rowing the distances proposed, and shall be able to handle dangerous situations on their own and not depend on help from others
- c) Candidates shall be capable of swimming a distance of at least 300 metres.
- d) Candidates shall carry with them a Transport Canada approved personal flotation device
- e) Rowing involves potential risk. I agree to indemnify and save harmless the organizers from and against all claims, damages, loss, cost, and expenses.
- f) Each participant shall be responsible for his/her own medical and personal insurance arrangement.

It is recommended that candidates become familiar with the Touring Manual found on the Rowing Canada website and recognize that rigging, derigging, and moving boats and equipment are part of your responsibilities.

Participant signature/signature du participant(e):

Eligibility:

Is your club a member of Ontario Adventure Rowing Association (OAR Touring)? Yes No

If not, are you a member of Ontario Adventure Rowing Association (OAR Touring)? Yes No

If you answered no to both questions, please either:

- i) add a trial guest fee of \$25 per tour or
- ii) join the Association for \$75 (www.adventurerowing.ca).

Please remember to include your cheque with the application form.

Directions to the Welland International Flatwater Centre, Welland, ON

From the QEW ... take Hwy 406 (Welland/Port Colborne) ... to Woodlawn Rd E (*past a Walmart-Canadian Tire-Rona big box mall*) ... left at Niagara Street (*2nd light*) ... 2nd left onto Thorold Rd E, to the end (*and the canal*) ... left onto Canal Road through the gate ... you'll be able to see the Centre.

GPS address: Thorold Road East & Chippawa Road, Welland ON

