

Upper Ottawa River Rowing Tour

July 30 to 31, 2011

Circumnavigation of Allumette Island

Row on the magnificent Upper Ottawa River where its deep, pristine waters lap at the Laurentian Mountains. This tour is moves down into the Valley – Pembroke is a fiddling capital and lumber town. It is famous for its murals.

Tentative Itinerary

Saturday, July 30: This will be a full day of magnificent sculling from the long sandy beach at Fort William to Petawawa and then on to Pembroke.

Sunday, July 31: Starting from Allumette Island, we row across the Ottawa River to Westmeath for lunch.

Options for Monday: visit the Champlain Museum and see a pointer boat. Go Zip lining at the Coulonges Chutes. Go rafting.

Logistics

Price:

- \$80 per person is the base price. The price includes quad rental, quad transport costs, 2 lunches, and incidentals, but excludes accommodation, breakfast, and dinner.

Accommodation: Pembroke has mainly hotels. Most of the mid and low price chains have hotels in Pembroke or Petawawa. The preferred location is the Pembroke Comfort Inn at 959 Pembroke St. East, Pembroke K8A 3M3, telephone 1-877-289-9008 or 1-613-735-7685.

Evening meal: we will dine out at a bistro in Pembroke.

Rowing Experience: Because of the stamina required, you must be an experienced distance rower to participate in this tour. The club of each rower must be members of the Ontario Adventure Rowing Association; individuals can join for \$25.00.

Maximum capacity: 25 individuals

Information: Betty Ward (e_ward6@yahoo.ca) or Richard Vincent (vincric@rogers.com)

Upper Ottawa River Rowing Tour Registration Form

July 30 – 31, 2009

Allumette Island :

Fort William-Petawawa-Pembroke-Westmeath

Registration Form

Name: _____

Street or P.O. Address _____

City _____

Province/Country _____

Postal/ZIP Code _____

Phone number:

Home: (_____) _____

Work: (_____) _____

Cell: (_____) _____

E-mail address: _____

(Communication is generally by e-mail)

Emergency contact:

Name:-----

Number:-----

Club/Association affiliation: _____

Payment:

Please send a cheque payable to "Richard Vincent" along with the completed registration information and a signed waiver (below) to:

Richard Vincent
275 Churchill St. N.
Ottawa, Ontario K1Z 5B7

- The basic cost is \$80 excluding accommodation and sit-down meals.
- Please add \$25 if your club is not a member of the Ontario Adventure Rowing Club.

N.B.: Fees are refundable, minus any accommodation deposits, if we have at least a month's notice. If you cannot come at the last moment, please try to find a replacement.

Waiver:

I recognise that the use of the facilities and services available at the Ottawa New Edinburgh Club as well as rowing and related activities involve potential risks. This section of the Ottawa River has some potential hazards (e.g., deadheads, powerboats, buoys). I undertake, in my personal capacity and those whom I represent, have custody, my heirs and assigns, to indemnify and save harmless the Ottawa New Edinburgh Club, its officers, employees, independent contractors and other representatives, their successors, heirs and assigns, from and against all claims, damages, loss, costs and expenses relating to any injury including death, or loss of or damage to my or third party's property and arising out of being incidental to my presence at the Club or the practice of the rowing.

Signature

Printed Name(s) in Block Letters

Date