

Trent Lift Lock Tour **Saturday, July 3rd: Lakefield to Peterborough**

A 1-day tour for people who want to experience a pleasant row along a sheltered, historic canal and 'locking through'. There are 6 locks in total including the Peterborough Lift Lock—the world's largest hydraulic lift lock, built in 1904. Rowing downstream on the Otonabee River you pass picturesque countryside, Trent University, the Peterborough Rowing Club, lock stations, and finish on a beach on Little Lake in downtown Peterborough.

Itinerary (exact itinerary to be shared with participants)

Saturday, July 3rd

10:00 AM – meet at Lakefield (about 15 km north of Peterborough)

3:00 PM – Arrive Roger's Cove (Little Lake) in Peterborough

Logistics

Capacity: 20 crew (4 coxed touring quads)

Rowing Experience: You must be an intermediate or higher sculler who can row 15 km per day in warm weather.

Eligibility:

For insurance and equipment reasons, all participants must be members of a member club of the Ontario Adventure Rowing Association (OAR Touring) or an individual member of the same Association (\$75).

Price: \$43 (includes seat charge, boat transport cost, and lockage fees). Please bring your own lunch. Also don't forget water, snacks, and sun screen.

Contact information: Marcus Elia (Peterborough Rowing Club)
marcus.elia@mac.com
home: 705-743-6363

Entry Form
Trent Canal Lift Lock Tour: Sat., July 3, 2010
(please *PRINT*)

Rowing Club and Country:

Name:

Address:	Telephone: ()
	Cell: ()
	e-mail:

Previous participation (e.g., OAR, FISA tours)

The participant agrees with his signature to the following :

- a) Candidates shall possess good knowledge and ability of rowing techniques
 - b) Candidates shall be in good health and have the physical condition necessary for rowing the distances proposed, and shall be able to handle dangerous situations on their own and not depend on help from others
 - c) Candidates shall be capable of swimming a distance of at least 300 metres.
 - d) Candidates shall carry with them a Transport Canada approved personal flotation device
 - e) Rowing involves potential risk. I agree to indemnify and save harmless the organizers from and against all claims, damages, loss, cost, and expenses.
 - f) Each participant shall be responsible for his/her own medical and personal insurance arrangement
- It is recommended that candidates shall become familiar with the Touring Manual found on the Rowing Canada website.

Participant signature/signature du participant(e):

Eligibility:

Is your club a member of Ontario Adventure Rowing Association (OAR Touring)? Yes No

If not, are you a member of Ontario Adventure Rowing Association (OAR Touring)? Yes No

If not, you must either join as an individual member (\$75 see adventurerowing.ca) or pay a \$25 trial guest pass fee.

Please mail this form duly filled in and the required cheque not later than Friday, June 25th. **Make the cheque payable to “Marcus Elia” and send to:**

Marcus Elia
11 Conger Street
Peterborough, Ontario
K9H 4Y7