

QUINTE RC WILSON ISLAND MARATHON

20 KM COURSE

Saturday, October 17, 2009

TRENT RIVER (Island Park Campgrounds)

SUMMARY

Marathon Course

- **Challenging 20 km course around Wilson Island**
- **All races will be in Hudson T11 Touring Boats**
- **Rowers will navigate through tight turns, a maze of bulrushes, 2 bridges with low clearance and open faster moving water**
- **Race to the finish for a barbeque with hot dogs, hamburgers and hot chocolate**
- **1st heat starts at 10:00 am, with the 2nd heat starting at 12:00 noon**
- **Time to socialize while waiting for others to complete the course.**

Entry Fees

- **\$30 PER PERSON (includes a burger and drink following race)**
- **\$15 PER PERSON (if a crew brings their own T11)**

Deadline

- **Entry forms to be received no later than Wednesday, October 14, 2009**

NOTE: If you are having difficulty completing a crew, or you are the only one from your club who is interested, let me know and I will do my best to facilitate the completion of mixed club crews.

All entries will be timed, with the winning crew in each event receiving gold medallions, provided there is a minimum of two entries in the event.

As this is a last row of the season for many of us, we like to make this a >fun event= as well. You are encouraged to give your crew an interesting name and perhaps 'dress-up' for the event. Come prepared to have a good time.

As those of you who have participated in the past know, Mother Nature tends to provide us with additional challenges on race day. I have no idea what it may be this year, but I can tell you that right now there are no clumps of reeds jammed under the bridge, and it's a little early to have a prediction of snow for that dayYY

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MARATHON EVENTS

- Event 1 MEN=S QUAD+
- Event 2 WOMEN=S QUAD+
- Event 3 MIXED QUAD+

Please complete the entry form and return it to

maxine.walker@sympatico.ca

or maxinewalker@primus.ca

The signed Waiver form and payment for the event may be brought to the event with you on October 17th. (Please make payment for the entire crew in order to facilitate proceedings that morning. If paying by cheque, make payment to Quinte Rowing Club)

Club: _____

Event #: _____

Crew Name: _____ Coxie: _____

_____ Prefer 2nd heat _____

Event #: _____

Crew Name: _____ Coxie: _____

_____ Prefer 2nd heat _____

If you have more than 2 crews, please include a second sheet.

CLUB CONTACT PERSON: _____ Phone #: _____

E-mail: _____

Entry Fee: _____ participants @ \$30 each = \$ _____

_____ participants @ \$15 each = \$ _____

TOTAL \$ _____

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TRENT RIVER

WAIVER/RELEASE FORM

Each competitor must sign the following waiver/release:

I hereby release and forever discharge the HOST CLUB, their directors and all servants and agents, from any injury, death, loss or damage to my person or property, howsoever caused, not withstanding that such injury, death, loss or damage to property may have been contributed and occasioned by negligence, upon behalf of myself, heirs, executors, administrators, and assigns.

Date ____/____/____

Signature of Competitor

Print Competitor Name

Directions to Wilson Island

From Highway 401

- ✂ Travel to **Trenton** where you take **Exit 525** for **Highway 33 North**
- ✂ Travel **north** on **Highway 33**, pass through **Frankford** where the highway crosses the river **B** continue north to **Stirling (22 km)**
- ✂ At **T-intersection in Stirling B** turn **left** and travel **9.5 km** (you will pass a No Exit sign and go over a narrow bridge) until you see a sign for **Island Park Campground** on your **left**.
- ✂ **Turn left** and travel **south** until you reach the campground.

From Highway 7

- ✂ Take **Highway 14 south in Marmora**
- ✂ In **Stirling** turn **right at the lights** and travel **west B** where the highway turns south, you will continue straight through this intersection
- ✂ Travel **9.5 km** (you will pass a No Exit sign and go over a narrow bridge) until you see a sign for **Island Park Campground** on your **left**.
- ✂ **Turn left** and travel **south** until you reach the campground.