

# BANANA BELT TOUR-XII

SUNDAY, MAY 10, 2022

Welland Recreational Canal

This Tour is Fully Subscribed.

Try Another Tour

Please join [Ontario Adventure Rowing](#) for the twelfth annual – and the first post COVID – Banana Belt Tour!

This is an excellent early season tour on the canal in Welland located in the heart of Southern Ontario's "Banana Belt". The tour begins at the **Notre Dame Rowing Club** and proceeds along the canal with its many bridges. Afterwards we get together at [MT Bellies Tap & Grillhouse](#) in Welland, a popular local establishment, for a bite to eat before heading home.

## DETAILS:

**Date:** Sunday, May 8, 2022, at 10 am

**Starting point:** [Notre Dame Rowing Club](#), 108 Thorold Road, Welland, ON L3C 7A6

- Take Thorold Road all the way to the river then take road/path on left to the boathouse and parking.

**Cost:** \$40 includes boat rental, gasoline for boat transport  
> food on your own

**Entry deadline:** April 28, 2022, or once the boats are full!

**Level of difficulty:** easy, perfect for the first row of the season - approximately 15 km

**Contact for more information:** Brian Howe at [bhowe@hgcengineering.com](mailto:bhowe@hgcengineering.com)

**To register:** Please email or mail the **completed form** (next page) along with your e-transfer or cheque for \$40 (*plus OARA fees if applicable*) made payable to **Brian Howe, 1179 Glen Road, Mississauga, ON, L5H 3K7**

**Entry Form**  
**Banana Belt Tour 2022**

(please *PRINT*)

Name:

Date of Birth:

Club and Country:

Address:

Tel :

Cell :

E-mail:

Previous participation (e.g., Ontario, FISA, or international tour) :

The participant agrees with their signature to the following:

- a) Candidates shall possess good knowledge and ability of rowing techniques
- b) Candidates shall be in good health and have the physical condition necessary for rowing the distances proposed, and shall be able to handle dangerous situations on their own and not depend on help from others
- c) Candidates shall be capable of swimming a distance of at least 300 metres.
- d) Candidates shall carry with them a Transport Canada approved personal flotation device
- e) Rowing involves potential risk. I agree to indemnify and save harmless the organizers from and against all claims, damages, loss, cost, and expenses.
- f) Each participant shall be responsible for his/her own medical and personal insurance arrangement.

It is recommended that candidates become familiar with the Touring Manual found on the Rowing Canada website and recognize that rigging, derigging, and moving boats and equipment are part of your responsibilities.

Participant signature:

Eligibility:

Is your club a member of Ontario Adventure Rowing Association (OAR Touring)? Yes  No

If not, are you a member of Ontario Adventure Rowing Association (OAR Touring)? Yes  No

If you answered no to both questions, please:

- i) join the Association for \$80 ([www.adventurerowing.ca](http://www.adventurerowing.ca)).

Lunch at MT Bellies' Yes  No

**Please remember to include your e-transfer or cheque with the application form.**