



CANADIAN SCULLING MARATHON

Full (42k) and Half (21k) – Sunday, August 28, 2022 – Ottawa, Ontario

Welcome to the 17th annual Canadian Sculling Marathon (CSM) organized by the rowing section of the Ottawa New Edinburgh Club (ONEC) and inspired by the world-renowned Canadian Ski Marathon. As one of the distance events of the Ontario Adventure Rowing Association, the emphasis is on participation, fitness, endurance and fun!

The CSM offers a choice of two touring distances, the full marathon (42 km) and the half marathon (21 km). The scenery along both routes is as spectacular as it is varied: views of the capital's most famous landmarks, shoreline recreational pathways, and protected wetlands and forested areas.

Tentative Schedule

Saturday, August 27, 5-8 pm

Welcome! We rig and position boats as well take late registrations at the ONEC waterfront facilities, 501 Sir George-Étienne Cartier Parkway, Ottawa. Participants can pick up their CSM package (T-shirt, map, bow marker) and get answers to any questions they may have about the event or route. Please park your car to the east of the tennis courts in the depot area and walk down to the waterfront facilities to the east of the boathouse.

Sunday, August 28, Sculling Marathon

ONEC waterfront facilities, 501 Sir George-Étienne Cartier Parkway, Ottawa. Please park to the east of the tennis courts in the depot area and walk down to the waterfront facilities to the east of the boathouse.

	Full Marathon – 42 km	Half Marathon – 21 km
Check in	6 am onwards	6 am onwards
Pre-race meeting (captains, single scullers)	6:30 am	7:30 am
Start time	7 am	8 am
Cut-off time	Noon (5 hours)	10:30 am (2½ hours)
Medal ceremony	12:30 pm	11 am
Refreshments	Available when scullers finish the event	

Participants should be in good physical condition and have rowed their target distance. You should be aware that you'll be rowing some open stretches of the Ottawa River, where wind, waves and current can give rise to challenging conditions. Organizers reserve the right to change the routes in the event of adverse conditions.

In addition to rowing skills and endurance, navigation skills are required. Participants should familiarize themselves with the route map and attend the pre-race captain's meeting where information will be given on potential hazards, which may include deadheads, buoys and powerboat traffic. ONEC safety boats and a marine police patrol will be on the water to help ensure your safety. Because of the nature of the course, all boats must carry Transport Canada mandated safety equipment: life jackets (one per individual), bailer, throw line and whistle.

Medals and souvenir T-shirts will be given to all scullers who complete their event.

The **Hensler "Endurance" Trophy** will be awarded to the Club with the most participants who complete the full marathon. In addition, a donation of \$1,000 will be awarded to that Club to purchase equipment. All participants who successfully complete the full marathon will have their name engraved on the trophy.

Full Marathon Route (*this route may be modified due to weather conditions*)

- Launch, start and finish at the ONEC docks.
- Circle Kettle Island in a clockwise direction one and a half times
- Near the tip of Kettle Island (the 2nd time) cross over to the tip of Upper Duck Island
- Row clockwise around Upper Duck Island
- Row along the Ontario shore past the ONEC docks (You can make a pit stop here)
- Continue along the Ontario shore, past Rideau Falls and the Parliament Buildings
- Circle Gull Island in a clockwise direction
- Row downstream on the Quebec shore to the mouth of the Gatineau River
- Row up the Gatineau as far as Chelsea Creek, and then back down to the Ottawa River
- Row down the Ottawa River to end in front of the ONEC docks

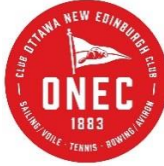
Half Marathon Route (*this route may be modified due to weather conditions*)

- Launch, start and finish at the ONEC docks
- Circle Kettle Island in a clockwise direction
- Row upstream along the Ontario shore, under the Macdonald-Cartier and Alexandra bridges. After rowing below Parliament Hill, circle the small island and continue downstream past the Canadian Museum of History to the mouth of the Gatineau River.
- Row up the Gatineau River just past the first bridge over the Gatineau River (Lady Aberdeen Bridge) then back down to the Ottawa River.
- Row down the Ottawa River to end in front of the ONEC Boathouse

The following shells are permitted in the half and full marathons:

Singles	<i>Touring singles: e.g., Hudson T-6, Alden Star, Echo Sport/Classic/Islander</i> <i>Coastal boat singles: e.g., Eurodifusion, Philippi singles</i> <i>Stable open water singles</i> ¹ : e.g., Maas 24/21, Wintech Explorer 24/21, Alden Star/18/16/Quest/Martin, Rossiter Laser 18/Louden, Whitehall
	¹ the beam at the waterline must be at least 14 inches to ensure stability
Doubles	<i>Touring doubles: e.g., Hudson T-7, Swift Touring Gig 2+</i> <i>Coastal boat doubles: e.g., Eurodifusion, Philippi doubles</i> <i>Stable open water doubles: e.g., Alden 18, Maas Ocean double, Wintech 30, Star double, Ocean Shell, Whitehall double</i>
Quads	<i>Touring coxed quads: e.g., Hudson T-11, Wintech Odyssey, Swift Touring Gig 4+</i> <i>Coastal quads: e.g., Eurodifusion, Philippi coxed quads, Liteboat quads</i>

Information: Alistair at ahensler@bell.net



Registration Information

Canadian Sculling Marathon – Full and Half

Sunday, August 28, 2022

ONEC Rowing, Ottawa River, Ottawa

Internet Registration:

www.rowonec.com/event-details/canadian-sculling-marathon

Boat rental:

Hudson touring boats provided by the Ontario Adventure Rowing Association (OAR):

Hudson T-11 (Coxed Quad): **\$175** Hudson T-7 (double): **\$70**

N.B.: Boats from the Ontario Touring Centre are in limited supply; please reserve early.

Total

Boat rental payment is by:

1) e-transfer in Canadian funds to "Alistair Hensler" at ahensler@bell.net or

2) cheque in Canadian funds payable to Ontario Adventure Rowing Association (OAR),

addressed to: OAR, c/o, Alistair Hensler
19 Waterford Way
Ottawa ON
K2E 7V4



Mail Registration Form:

Distance: Full (42 km) Half (21 km)

Name (please print): _____ Club affiliation: _____

Address: _____

Telephone: _____ Email (please print clearly): _____

Emergency contact: _____
Name (please print) Telephone

Boat: Category: 1X 2X 4X Type and name _____

Team name/members (each rower must fill in a registration form and waiver) _____

Jersey: unisex: small medium large extra large

Rowing Canada No. _____

All Canadian rowers should be registered with Rowing Canada. If you cannot retrieve your RCA number, please indicate Date of Birth _____ and male or female.

Participation fee (includes memento jersey, food and drinks; does not include boat rental)

Early -- before July 31 **\$60** per person _____

August 1 to 20 **\$70** per person _____

Late – After August 20 **\$80** per person _____

Guest fee (if you or your club are not members of Ontario Adventure Rowing Association and have a RCA number or US Rowing number)

\$25 per person (this can only be used once) _____

Participation in the marathon is contingent on signature of this waiver:

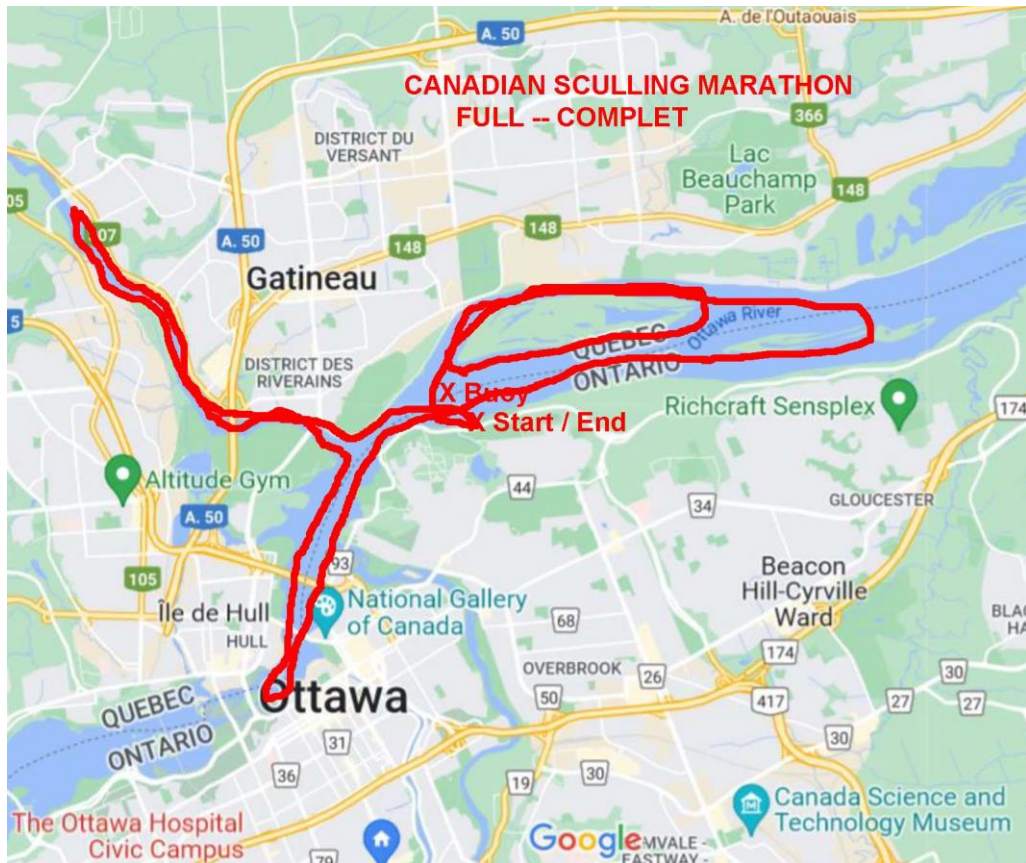
I recognize that the use of the facilities and services available at the Ottawa New Edinburgh Club as well as rowing and related activities involve potential risks. These sections of the Ottawa and Gatineau rivers have some potential hazards (e.g., deadheads, powerboats, buoys). I undertake, in my personal capacity and those whom I represent, have custody, my heirs and assigns, to indemnify and save harmless the Ottawa New Edinburgh Club, its officers, employees, independent contractors and other representatives, their successors, heirs and assigns, from and against all claims, damages, loss, costs and expenses relating to any injury including death, or loss of or damage to my or third party's property and arising out of being incidental to my presence at the Club or the practice of the rowing.

Photo release (strike out if you do not agree): I consent to photographs being taken of me during my participation in the CSM and to their use by the organizers and rowing organizations for advertising or promotional purposes.

Signature

Name (please print)

Date



Canadian Sculling Marathon

Hensler Trophy 'Endurance'

Celebrating those who rowed a full marathon (42 km)



2014

ONEC: S. Doire, A. Gagnon, K. Germann, A. Hensler, B. Knecht, K. Sogge, N. Strachan, T. van Walsum
HANLAN B.C.: E. Hall, J-C. Marly, B. Singleton, C. Warn
SUDBURY R.C.: E. Hamilton, F. Querny, Schlutz-Hostedde, D. Watson
INDEPENDENTS: T. Butscher, S. Coteau, F. Jodoin, J. Wilson
ORC: P. Burpee, C. Salter-MacDonald

2015

PETERBOROUGH RC: B. Cameron, J. Easton, N. Fischer, D. Martin, M. Strange, M. Wehtje
ONEC: L. Binette, A. Hensler, C. Scholfield, J. Schofield, S. Smith, N. Strachan
HANLAN B.C.: E. Hall, J-C Marly, B. Singleton, C. Warn
GEORGIAN BAY RC: B. Byrick, J. Diening
UPPER VALLEY: R. Cone, C. Reynolds
TORRENS RC: R. Dankbaar
INDEPENDENT: T. Butscher

2016

HANLAN B.C.: J-C Marly & E. Hall
ONEC: A. MacDonald
PETERBOROUGH: J. Easton
INDEPENDENT: K. Mahoney

2017

ONEC: N. Strachan, A. Hensler, K. Germann, S. Smith, J. Robertson
HANLAN B.C.: S. Pereira, J. Kolakowski, S. Baker, K. Ryan
INDEPENDENTS: K. Mahoney, J. Wilson

2018 MONTEBELLO TOUR

ONEC: C. Albers, L Bell, R. Deevey, S. Dolan, K Germann, A. Girouard, A. Hensler, J. Moore, I. Patterson, S. Perry, D. Reinhard, J. Robertson, S. Smith
HANLAN BC: S. Baker, S. Hanley, I.J. Cleary, P. Pennefather
DURHAM RC: M. Low, H. Michaels
CAMBRIDGE RC: D. Watson
INDEPENDENT: P. Jepson, C. Martin

2019

ONEC: A. Hensler, B. Hensler-Hobbs, A. Lammare, S. Smith, N. Strachan, R. Vincent, J. Wilson
HANLAN: S. Hanley, D. Chia, S. Pereira, S. Baker, K. Ryan
INDEPENDENT: P. Jepson, K Mahoney, S. Roedde, D. Watson, R. Bish, H. Michael