

Entry Form
Banana Belt Tour 2023

Name:

Date of Birth:

Club:

RCA Member Number (important for insurance reasons):

Address:	Cell :
	E-mail:

Previous participation (e.g., Ontario, FISA, or international tour) :

The participant agrees with their signature to the following:

- a) Candidates shall possess good knowledge and ability of rowing techniques
- b) Candidates shall be in good health and have the physical condition necessary for rowing the distances proposed, and shall be able to handle dangerous situations on their own and not depend on help from others c) Candidates shall be capable of swimming a distance of at least 300 metres.
- d) Candidates shall carry with them a Transport Canada approved personal flotation device (provided)
- e) Rowing involves potential risk. I agree to indemnify and save harmless the organizers from and against all claims, damages, loss, cost, and expenses.
- f) Each participant shall be responsible for his/her own medical and personal insurance arrangement.

It is recommended that candidates become familiar with the Touring Manual found on the Rowing Canada website and recognize that rigging, derigging, and moving boats and equipment are part of your responsibilities.

Participant signature:

Eligibility:

Is your club a member of Ontario Adventure Rowing Association (OAR Touring)? Yes No

If not, are you a member of Ontario Adventure Rowing Association (OAR Touring)? Yes No

If you answered no to both questions, please:

i) join the Association for \$90 (www.adventurerowing.ca).

Lunch at MT Bellies? Yes No

Please remember to include your e-transfer or cheque with the application form.